

## Overloaded - 4 “No Worries”

[ How to Unload ]

1. Take heed to yourself.
2. Resign from “Messiah complex.”
3. Cast cares on God – I Peter 5:7 (ref)

“Check Stations”

Sue / Elders / One Another (small groups)

Philippians 4:4-9 (NLT)

- a. Rejoice = Greek – calmly happy (well off)
- b. Do not worry = casting care on God  
John 14:1 / John 16:33
- c. Pray (in faith, believing you receive)
- d. Give thanks (faith in action)
- e. Think on these things = God’s love, mercy, forgiveness, blessings....

The heart gets drunk (intoxicated) on problems, care....

Meditation on God de-toxes the heart.

When the mind is set on God, it releases Kingdom blessings.

4. Seek the Kingdom first.

Matthew 6:33 (KJV)

Overload = poor time management (too busy)

= poor life management (priority confusion)

When we get overloaded, we can tend to unload the wrong things.

Example 1: Time issues – unload? Church attendance, Bible study and prayer

Example 2: Financial issues – unload? Tithing, giving, sowing

Unload – problems, worry or care

Romans 14:13-22 (KJV)

What is the Kingdom?

Where is the Kingdom?

Where is the Holy Ghost?